



Cooking Temperatures

Cooking foods to the wrong temperature may cause foodborne illness!

Minimum Safe Internal Cooking Temperatures

Poultry – 165°F



Ground Beef and Pork – 155°F



**In Shell Eggs —
Fish and Shellfish —
Whole Beef —
Whole Pork —
Whole Lamb —** 145°F



Vegetables and Pre-cooked Foods – 140°F



After food is cooked it must be held hot at 135°F



Reheat all foods to 165°F within two hours

Use a metal stem thermometer to check temperatures

For more information about the Franklin County Board of Health or the Food Protection Section, please call (614) 462-3160 or go online to www.franklincountyohio.gov/health.



Cool Foods the Right Way!

*Keep germs from growing in your food
Use proper cooling methods*

Shallow Pans

(not deeper than 2")



Ice Bath



Ice Wand



Blast Chiller



**Cool all hot foods from 135°F to 70°F in 2 hours or less
and from 70°F to 41°F in another 4 hours or less!**

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3 Sinks to Wash Utensils!

Wash, Rinse, Sanitize



Wash (Detergent + 120°F water)

Rinse (Clean warm water)

Sanitize (75°F - 120°F water + sanitizer)

Sanitize with the right amount of sanitizer to kill germs!

50 ppm Chlorine for 10 seconds

50-200 ppm Quaternary Ammonia for 30 seconds

25 ppm Iodine for 30 seconds

Use test strips to check the concentration of the sanitizer

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No Bare Hand Contact

Do NOT touch foods that are ready to eat with bare hands!



**HANDS
SPREAD
GERMS!**

Use:
Gloves
Tongs
Deli Tissue
Other Utensils



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